

# Tender Learning Care

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## Blue Room Activities

### HIGHLIGHTS

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About me

Getting to know you

Our Philosophy

What we do

Suggestions for you

Summer is almost over and September brings the beginning of a fresh new school year, along with great joy in seeing children grow day by day.

Most of the children who were potty trained and over three years old have moved to the Green Room. We miss them indeed! Several new children have joined the Blue Room. We are very excited to have them with us and are happy to welcome them.

For new parents who may not know me, I have been at Tender Learning Care for the last eight years, since shortly after my family and I immigrated to the United States from India. My family and I all have a very deep commitment to education and to this country; all of us have become US citizens and have adopted this country as our home. I am a graduate in Science, with a Masters in Physics and also in Education. Besides these degrees, I have taken many classes in Early Childhood Education. My husband and one of my sons have advanced college degrees. My youngest son is a Senior at UC Davis, working towards a degree in medicine. I have a very strong belief that early experiences can lead a child to have intense interest, curiosity, confidence and a desire to learn.

Since many of the children in the Blue Room are new, we

three Blue Room teachers, Ivett, Nancy and I, try to make children physically and psychologically safe and secure by giving them comfort and love. We help them to understand the safety rules and we establish clear and reasonable limits.

Early comers at TLC start the day in the Blue Room at 6:45 am. Later, children from other rooms go to their respective rooms. Our children in the Blue Room start their day with free choice activities: some children play with toys, puzzles, stuffed animals and some in the play kitchen. Later, they go to the yard and enjoy outdoor activities.

We do our morning circle at 9:30 am where we incorporate a lot of movement activities with music. This promotes listening and following directions and motor skills; this activity is a lot of fun for the children. The children are greeted with the "Good Morning" song by the teachers, followed by the "Name" song. This is how kids get to know each other. Learning while playing is what we do best in the Blue Room.

Snack time is at 10 am, followed by projects which include brush painting, coloring, collage, finger painting, drawing and marble painting. We also do colors and shape recognition. Diaper changes take place after each snack, lunch

time and after naptime, as well as other "unscheduled" times as needed. After doing projects, children play outside in the yard adjacent to the Blue Room.

At 11:45 am, it is lunch time. We encourage children to eat their main food item first and the rest of their lunch later. We also practice mealtime manners, such as saying "Please" and "Thank you", and how to sit at the table.

Lunch time is followed by naptime, which ends at 3 pm. When children wake up, they get to play with table top toys and manipulatives.

After snack time, weather permitting we head out to the yard for play.

Your child's art work is kept in the black-box on the round table near the front of the room. Please check it regularly. Your children are proud of their art work and so are we. Naptime items are kept in your child's cubby, so please be sure to take them home to wash regularly.

If you have any questions, concerns, comments or "compliments", please feel free to talk with me or with any of our teachers; all of us are looking forward to getting to know you and your family. We are eagerly anticipating a rewarding new school year with you and your children